

# Caswell County Senior Center

## Calendar of Events

The mission of the Caswell Senior Center is to enrich the lives of Caswell Senior Adults by responding to their diverse needs and interests, thereby promoting and improving their well-being.

### June 2006

Note: For additional information or questions please call Caswell Senior Center at (336) 694-7447.

DAY	DATE	TIME	EVENT
Thursday	June 1	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am – 10 am	Exercise Class. Cheryl Swiney, instructor
		10:30 am – 12 noon	Craft Class, Betty Blackwell, PCC Life Enrichment Instructor. Supplies and instruction are furnished. No charge.
		10:30 am	Senior Center Golden Friends. Craft Class with Betty Blackwell, PCC Life Enrichment Instructor. Rook and Dominoes are also available. Lunch follows program. Reservations required.
		1 pm – 3 pm	Crochet Club, Betty Blackwell, PCC Life Enrichment Instructor. Students bring crochet needles and yarn for individual projects.
		7:00 pm	Rook – Caswell Senior Center Activity Room
Friday	June 2	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		10:30 am	Senior Center Golden Friends. Memory Stimulating Word Games. Dominoes and Puzzles available. Lunch follows program. Reservations required.
Monday	June 5	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am – 10 am	Exercise Class. Cheryl Swiney, instructor
		9:30 am	Senior Center Golden Friends. Free Blood Pressure Screening and Program by Bayada Nurses. Lunch follows program. Reservations required.

<b>Tuesday</b>	<b>June 6</b>	<b>8 am – 5 pm</b>	<b>Fitness Room Open</b>
		<b>8 am – 5 pm</b>	<b>Computer Room Open</b>
		<b>9 am</b>	<b>Senior Golf Time At Caswell Pines Golf Course Play 9 holes for \$12.00 Lessons are also available by calling the Senior Center.</b>
		<b>10 am – 12 Noon</b>	<b>Legal Time with Attorney Diane Brady. Call Carrie King at 694-7447 to schedule an appointment.</b>
		<b>10:30 am</b>	<b>Senior Center Golden Friends. Rook and Dominoes are available. Lunch follows program. Reservations required.</b>
<b>Wednesday</b>	<b>June 7</b>	<b>8 am – 5 pm</b>	<b>Fitness Room Open</b>
		<b>8 am – 5 pm</b>	<b>Computer Room Open</b>
		<b>9 am</b>	<b>Wonderful Wednesdays - Shopping trip to Wal-Mart in Danville, VA. Shoppers travel by CDOT bus leaving the Senior Center at 9 am and return around 11:30 am. Trips are available free of charge to residents of Caswell County who are age 60 or older. Reservations are required and must be made by noon on the Tuesday before the trip. Call Carrie King at 694-7447 to reserve a seat.</b>
		<b>9:30 am</b>	<b>Bowling Time at Reidsville Lanes. Travel from Senior Center on a CDOT bus, leaving at 9:30 am and returning around 1 pm. Bowl two games. Cost for seniors is \$1.30.</b>
		<b>9:30 am</b>	<b>SHIIP Meeting</b>
		<b>10:30 am</b>	<b>Senior Center Golden Friends – New Library Books and Storytime with Louise Bendall. Puzzles and Dominoes are also available. Lunch follows program. Reservations required.</b>
		<b>3 pm</b>	<b>Ceramics Class, Helen Winfield, PCC Life Enrichment Instructor. Instructor furnishes supplies and equipment with cost determined by project chosen by student.</b>
		<b>5:15 pm – 6:15 pm</b>	<b>Exercise Time led by Donna Pointer</b>
<b>Thursday</b>	<b>June 8</b>	<b>8 am – 5 pm</b>	<b>Fitness Room Open</b>
		<b>8 am – 5 pm</b>	<b>Computer Room Open</b>
		<b>9 am – 10 am</b>	<b>Exercise Class. Cheryl Swiney, instructor</b>
		<b>9 am</b>	<b>Craft Class/Crochet Club Shopping Trip to Hamricks Travel by CDOT bus leaving from the County Park at 9 am and returning at 4 pm. Reservations</b>

			required. Limited to 24 shoppers.
		10:30 am	Senior Center Golden Friends. Rook and Dominoes are available. Lunch follows program. Reservations required.
		12:30	Computer Time with Helen Winfield, PCC Life Enrichment Instructor. The instructor is available for assistance those enrolled in Computer Time. <b>NOTE:</b> This is a temporary scheduling change, class is normally held on Wednesdays at 12:30 pm.
Friday	June 9	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		10:30 am	Senior Center Golden Friends program. Wal-Mart Shopping Trip Departs at 9:30 am and returns at 4 pm. Games are available for those who are not making the trip to Wal-Mart. Lunch follows program. Reservations required.
Monday	June 12	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am – 10 am	Exercise Class. Cheryl Swiney, instructor
		10:30 am	Senior Center Golden Friends. Dairy Month Down on the Farm Program. Games are available. Lunch follows program. Reservations required.
		5:15 pm – 6:15 pm	Exercise Time led by Donna Pointer
Tuesday	June 13	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am	Senior Golf Time At Caswell Pines Golf Course Play 9 holes for \$12.00 Lessons are also available by calling the Senior Center.
		9:30 am	Choir Trip to Anderson Community.
		10:30 am	Senior Center Golden Friends. Rook and Dominoes and Word Puzzles available. Lunch follows program. Reservations required.
Wednesday	June 14	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am	Wonderful Wednesdays - Shopping trip to Wal-Mart in Danville, VA. Shoppers travel by CDOT bus leaving the Senior Center at 9 am and return around 11:30 am. Trips are available free of charge to residents of Caswell County who are age 60 or older. Reservations are required and must be made by noon on the Tuesday before the trip. Call

			Carrie King at 694-7447 to reserve a seat.
		9:30 am	Bowling Time at Reidsville Lanes. Travel from Senior Center on a CDOT bus, leaving at 9:30 am and returning around 1 pm. Bowl two games. Cost for seniors is \$1.30.
		10 am – 12:30 pm	Hearing Checks by Dr. George Zenker. The tests are free but appointments are required. Call Carrie King at 694-7447 to schedule an appointment.
		10:30 am	Senior Center Golden Friends. Trip to Meadows of Dan in the Virginia Mountains. Departs at 9:30 am and returns at 4 pm. Reservations required.
		12:30 pm	Computer Time with Helen Winfield, PCC Life Enrichment Instructor. The instructor is available for assistance those enrolled in Computer Time.
		3 pm	Ceramics Class, Helen Winfield, PCC Life Enrichment Instructor. Instructor furnishes supplies and equipment with cost determined by project chosen by student.
		5:15 pm – 6:15 pm	Exercise Time led by Donna Pointer
Thursday	June 15	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am – 10 am	Exercise Class. Cheryl Swiney, instructor
		10 am – 12 noon	Craft Class, Betty Blackwell, PCC Life Enrichment Instructor. Supplies and instruction are furnished. No charge.
		10:30 am	Senior Center Golden Friends. Rook and Dominoes are available. Lunch follows program. Reservations required.
		1 pm – 3 pm	Crochet Club, Betty Blackwell, PCC Life Enrichment Instructor. Students bring crochet needles and yarn for individual projects.
		7 pm	Rook – Caswell Senior Center Activity Room
Friday	June 16	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		10:30 am	Senior Center Golden Friends. Father's Day Program by Lorraine Snyder. Dominoes and Puzzles available. Lunch follows program. Reservations required.
Saturday	June 17	6 pm – 7:30 pm	Parking Lot Party featuring Carolina Beach Club Senior Center Parking Lot. All are invited to come out to the Senior Center Parking Lot in front of the center and enjoy some beach music. Hot dogs will be available.

<b>Monday</b>	<b>June 19</b>	<b>8 am – 5 pm</b>	<b>Fitness Room Open</b>
		<b>8 am – 5 pm</b>	<b>Computer Room Open</b>
		<b>9 am – 10 am</b>	<b>Exercise Class. Cheryl Swiney, instructor</b>
		<b>10:30 am</b>	<b>Senior Center Golden Friends. Wal-Mart Shopping Trip departs at 9:30 am. Games will also be available in the Activity Room. Lunch follows program. Reservations required.</b>
		<b>11 am</b>	<b>Senior Club Picnic at Hyco Lake. The Senior Club members will meet at the Community Lake House. Club members are invited to bring fixings for grilled hot dogs. Call Carrie King at 694-7447 and let her know what you plan to bring.</b>
		<b>5:15 pm – 6:15 pm</b>	<b>Exercise Time led by Donna Pointer</b>
<b>Tuesday</b>	<b>June 20</b>	<b>8 am – 5 pm</b>	<b>Fitness Room Open</b>
		<b>8 am – 5 pm</b>	<b>Computer Room Open</b>
		<b>9 am</b>	<b>Choir Practice for Caswell Senior Clef Singers. Richard Winfield, Choir Director</b>
		<b>9 am</b>	<b>Senior Golf Time At Caswell Pines Golf Course Play 9 holes for \$12.00 Lessons are also available by calling the Senior Center.</b>
		<b>10:30 am</b>	<b>Senior Center Golden Friends. Rook and Dominoes and Word Puzzles available. Lunch follows program. Reservations required.</b>
		<b>12:30 pm</b>	<b>Basket Class – features a round basket, woven around a bowl for \$17.00 per person. Jane Bradsher is the instructor. Registration is required. Call Carrie King at 694-7447 to sign up for this class.</b>
<b>Wednesday</b>	<b>June 21</b>	<b>8 am – 5 pm</b>	<b>Fitness Room Open</b>
		<b>8 am – 5 pm</b>	<b>Computer Room Open</b>
		<b>8 am</b>	<b>Senior Club Day Trip to Meadows Of The Dan – Cost of \$5.00 The bus will be leaving from County Park at 8:00 am. Reservations are required. Call Carrie King at 694-7447 to reserve your seat.</b>
		<b>9 am</b>	<b>Wonderful Wednesdays - Shopping trip to Wal-Mart in Danville, VA. Shoppers travel by CDOT bus leaving the Senior Center at 9 am and return around 11:30 am. Trips are available free of charge to residents of Caswell County who are age 60 or older. Reservations are required and must be made by noon on the Tuesday before the trip. Call Carrie King at 694-7447 to reserve a seat.</b>
		<b>9:30 am</b>	<b>Bowling Time at Reidsville Lanes. Travel from</b>

			Senior Center on a CDOT bus, leaving at 9:30 am and returning around 1 pm. Bowl two games. Cost for seniors is \$1.30.
		10:30 am	Senior Center Golden Friends. Bingo, Rook and Word Puzzles available. Lunch follows program. Reservations required.
		12:30 pm	Computer Time with Helen Winfield, PCC Life Enrichment Instructor. The instructor is available for assistance those enrolled in Computer Time.
		3 pm	Ceramics Class, Helen Winfield, PCC Life Enrichment Instructor. Instructor furnishes supplies and equipment with cost determined by project chosen by student.
		5:15 pm – 6:15 pm	Exercise Time led by Donna Pointer
Thursday	June 22	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am – 10 am	Exercise Class. Cheryl Swiney, instructor
		9 am – 1 pm	The 9 <sup>th</sup> Annual Aging with Gusto Conference – Caswell Civic Center – Cost is \$6.00 per person. Call Sonya Patterson at NC Cooperative Extension Office at 694-4158 for more information or to register.
		10 am – 12 noon	Craft Class, Betty Blackwell, PCC Life Enrichment Instructor. Supplies and instruction are furnished. No charge.
		10 am – 12 noon	Social Security Time – Social Security representatives will be available by appointment to answer questions. Call Carrie King at 694-7447 to schedule an appointment
		10:30 am	Senior Center Golden Friends. Rook and Dominoes are available. Lunch follows program. Reservations required.
		1 pm – 3 pm	Crochet Club, Betty Blackwell, PCC Life Enrichment Instructor. Students bring crochet needles and yarn for individual projects.
Friday	June 23	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		10:30 am	Senior Center Golden Friends. Services of the American Cancer Society by Terrill Sandiford. Lunch follows program. Reservations required.
Saturday	June 24	6:30 pm	Choir Trip to Concord Church
Monday	June 26	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open

		9 am – 10 am	Exercise Class. Cheryl Swiney, instructor
		10:30 am	Senior Center Golden Friends. Birthday Party and Birthday Bingo. Lunch follows program. Reservations required.
		5:15 pm – 6:15 pm	Exercise Time led by Donna Pointer
		7 pm	Men of Caswell Choir Practice Richard Winfield, Choir Director
<b>Tuesday</b>	<b>June 27</b>	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am	Choir Practice for Caswell Senior Clef Singers. Richard Winfield, Choir Director
		9 am	Senior Golf Time At Caswell Pines Golf Course Play 9 holes for \$12.00 Lessons are also available by calling the Senior Center.
		10:00 am	Caswell Senior Center Turns 5 Years Old! Join us as we celebrate! Special performance by the Caswell Senior Clef Choir. Refreshments will be served.
		10:30 am	Senior Center Golden Friends. Rook and Dominoes and Word Puzzles available. Lunch follows program. Reservations required.
<b>Wednesday</b>	<b>June 28</b>	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am	Wonderful Wednesdays - Shopping trip to Wal-Mart in Danville, VA. Shoppers travel by CDOT bus leaving the Senior Center at 9 am and return around 11:30 am. Trips are available free of charge to residents of Caswell County who are age 60 or older. Reservations are required and must be made by noon on the Tuesday before the trip. Call Carrie King at 694-7447 to reserve a seat.
		9:30 am	Bowling Time at Reidsville Lanes. Travel from Senior Center on a CDOT bus, leaving at 9:30 am and returning around 1 pm. Bowl two games. Cost for seniors is \$1.30.
		10:30 am	Senior Center Golden Friends. Medical Update: Older Adults and HIV/Aids. Dominoes and Puzzles available. Lunch follows program. Reservations required.
		12:30 pm	Computer Time with Helen Winfield, PCC Life Enrichment Instructor. The instructor is available for assistance those enrolled in Computer Time.
		12:30 pm	Scrapbooking Class with Heidi Hegeman,

			instructor.
		3 pm	Ceramics Class, Helen Winfield, PCC Life Enrichment Instructor. Instructor furnishes supplies and equipment with cost determined by project chosen by student.
		5:15 pm – 6:15 pm	Exercise Time led by Donna Pointer
Thursday	June 29	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		9 am – 10 am	Exercise Class. Cheryl Swiney, instructor
		10 am – 12 noon	Craft Class, Betty Blackwell, PCC Life Enrichment Instructor. Supplies and instruction are furnished. No charge.
		10:30 am	Senior Center Golden Friends. Rook and Dominoes are available. Lunch follows program. Reservations required.
		1 pm – 3 pm	Crochet Club, Betty Blackwell, PCC Life Enrichment Instructor. Students bring crochet needles and yarn for individual projects.
Friday	June 30	8 am – 5 pm	Fitness Room Open
		8 am – 5 pm	Computer Room Open
		10:30 am	Senior Center Golden Friends. Dairy Month Down on the Farm Dairy Quiz. Lunch follows program. Reservations required.